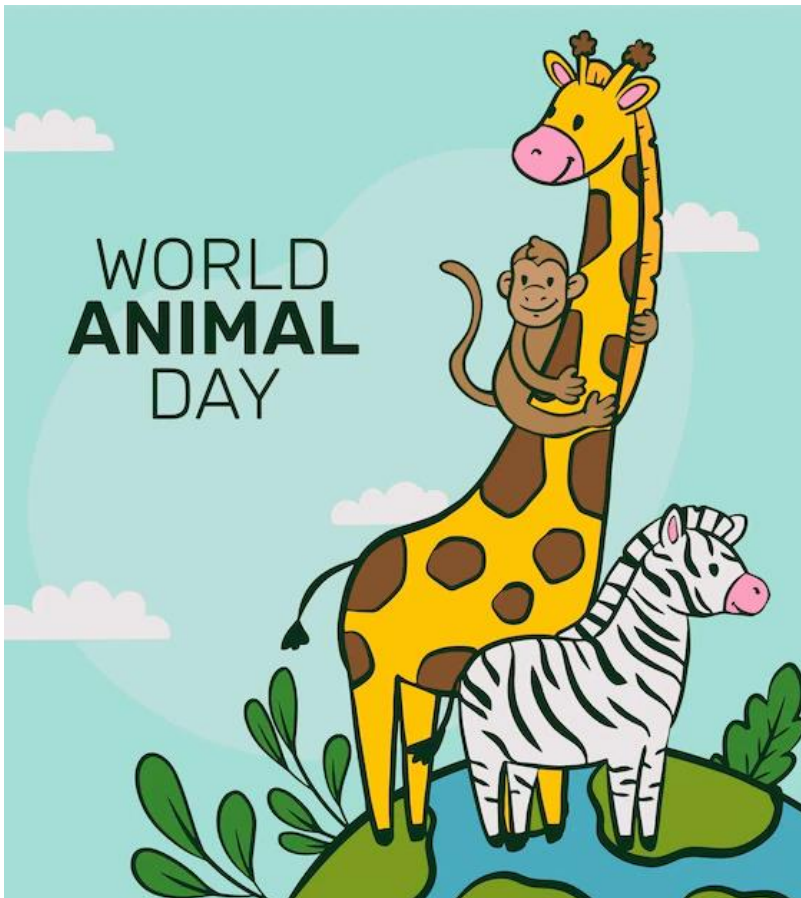


THE GRAPEVINE

OCTOBER 2022



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Hello Residents, Families and Friends!

On September 20 Vintage Hills residents celebrated World Gratitude Day. It is a day for the entire globe to come together in thankfulness.

May we all take this opportunity to reflect on our blessings and consider ways to show thankfulness in our everyday lives.

Did you know that an attitude of gratitude is

good for your physical, emotional, and

social health? Here are some ideas of ways to show thankfulness: write a gratitude journal, send a thank you note, or smile to those you meet.

As I reflect, I would like to thank you all for your continued support of Vintage Hills. As we enter the holiday season, shall we remember to be in a mindset of gratitude and thoughtfulness.

Thank you!

Amanda Peacock, Vintage Hills Activity Director



October Trivia

October derives its name from octo, the Latin word meaning eight, as October was the eighth month of the old Roman calendar.

Zodiac signs: **Libra & Scorpio**
Birthstone: **Opal & Tourmaline**
Flower: **Calendula**

Quote of the Day

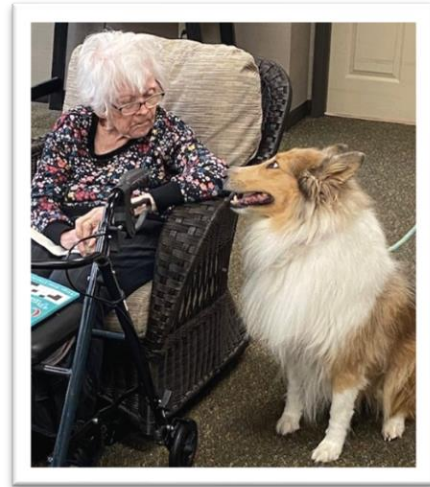
*Happiness is
a form of
courage*

- Holbrook Jackson

SEPTEMBER IN REVIEW

Therapets

Dollie the Collie made her first visit for cuddles from the residents. She will be coming to Vintage Hills once a month going forward. In October we will also have other small animals visiting for World Animal Day.

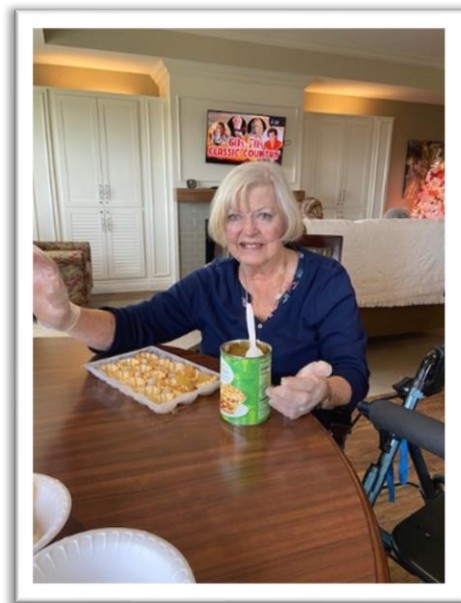


National Assisted Living Week

Vintage Hills celebrated National Assisted Living Week by participating in Dress Up Days. Didn't Marie look beautiful on Hat Day?

Cooking

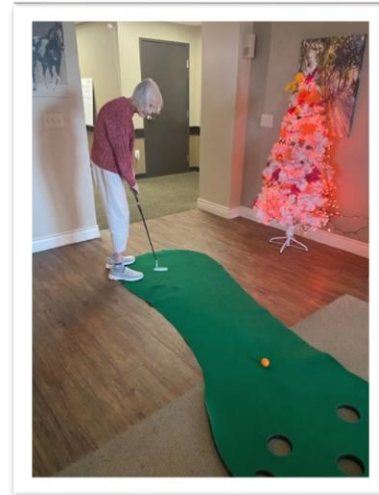
Virginia and Lynn made apple pie bites for their neighbors. In October residents will be making Halloween pudding cups.



SEPTEMBER IN REVIEW



Bingo Thursdays always bring a crowd.



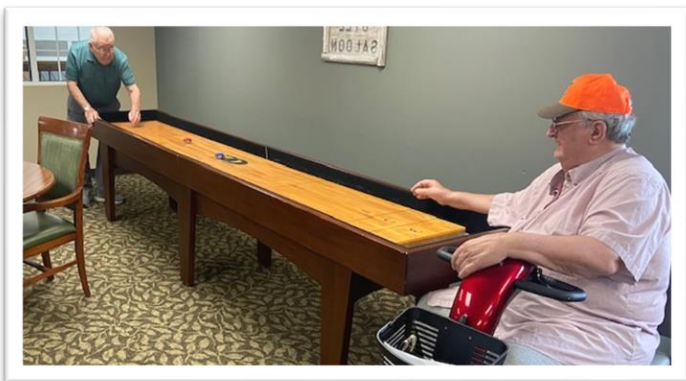
We brought the games indoors.



High school classmates reunited for a lovely afternoon outdoors.



Our residents are great at trying new things!



The men's group kick-started their activities with breakfast and shuffleboard.



"Armchair Travel to Mexico"
Where shall we go next?

Upcoming Events

Mad Science Experiments

Tuesday October 25th 1:30pm, MC1 Outdoors

Halloween Party

Monday October 31st 1:30pm, Gameroom

Lenny Hudson (Live Music)

Friday October 21st 1:30pm, Theater

Buckingham Foote Duo (Live Music)

Wednesday October 26th 2pm, Theater

Regular Events

Resident Council 2nd Monday at 2:30pm

Food Council 1st Friday at 11am

Memory Care Support Group 4th Thursday at 3pm

Church Podcast Wednesdays at 10:30am

Trivia Weekdays at 12pm



October Birthdays

In October, we celebrate birthdays with:

Ken Voltmer
Janice Heaberlin
Edna Mae Fink
Gloria Elmore

Please join us in the Gameroom at 1:30pm on Friday October 28th to celebrate!



Julie Andrews, Actor, 1st October 1935
Chevy Chase, Actor, 8th October 1943
John Lennon, Musician, 9th October 1940
Hugh Jackman, Actor, 12th October 1968
Margaret Thatcher, Prime Minister, 13th October 1925
Rita Hayworth, Actress, 17th October 1918
Joan Fontaine, Actress, 22nd October 1917
Pablo Picasso, Painter, 25th October 1881
Carrie Fisher, Actress, 21st October 1956
Bill Gates, Philanthropist, 28th October 1965

Libra (Oct 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

WOW!

October Spotlight: Transcontinental Telegraph

On October 24 1861, the first transcontinental telegraph system was completed, making it possible to transmit messages rapidly (by mid-19th-century standards) from coast to coast.

Poem to Share

A Dream Within A Dream

BY EDGAR ALLAN POE

Take this kiss upon the brow!
And, in parting from you now,
Thus much let me avow-
You are not wrong, who deem
That my days have been a dream;
Yet if hope has flown away
In a night, or in a day,
In a vision, or in none,
Is it therefore the less gone?
All that we see or seem
Is but a dream within a dream.

I stand amid the roar
Of a surf-tormented shore,
And I hold within my hand
Grains of the golden sand-
How few! yet how they creep
Through my fingers to the deep,
While I weep- while I weep!
O God! can I not grasp
Them with a tighter clasp?
O God! can I not save
One from the pitiless wave?
Is all that we see or seem
But a dream within a dream?

Laughing Matters



Backseat Driving

A wife was making a breakfast of fried eggs for her husband.

Suddenly, her husband burst into the kitchen. 'Careful,' he said, 'CAREFUL! Put in some more butter! OH MY GOSH! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. OH MY GOSH! WHERE are we going to get MORE BUTTER? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them! You know you always forget to salt them. Use the salt. USE THE SALT! THE SALT!'

The wife stared at him. 'What in the world is wrong with you? You think I don't know how to fry a couple of eggs?'

The husband calmly replied, 'I just wanted to show you what it feels like when I'm driving.'

Police Radar

A state policeman pulls over a speeding car.

"I was only going 40!" the driver protests.

"Not according to my radar." says the policeman.

"Yes I was!" the man shouts back.

"No you weren't." the policeman says.

With that the man's wife leans towards the window and says:

"Officer, I should warn you not to argue with my husband when he's been drinking".

Famous Quotes

Instead of getting married again, I'm going to find a woman I don't like and just give her a house. - *Rod Stewart*

I was married by a judge. I should have asked for a jury. -- *Groucho Marx*



ANIMALS THAT START WITH "S" WORD SCRAMBLE

ASE LGUL_____

ASHWSIF_____

ESSAUNODGR_____

MLADASREAN_____

MNALOS_____

AKENS_____

ASE TERTO_____

REWHS_____

ULGS_____

KKSNU_____

RWROPSA_____

RLREQSIU_____

WSNA_____

KTISC UGB_____

NSU RAEB_____

NSWEAHMP_____

ROKTS_____

AKRSH_____

EPHES_____

MIRPSH_____

HESASROE_____

NSYIP UOSEM_____

WONS DLREAOP_____

GYASNTIR_____